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## Representation of Disability in Children's Video Games. A Book Review.

Bharat Dhiman

### Abstract

A book review of Representation of Disability in Children's Video Games (2024) by Krystina Madej.

**Keywords:** Video Games, Disability, Game studies, Disability studies, gamevironments

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Krystina Madej's *Representation of Disability in Children's Video Games* is a slim but provocative study that asks a deceptively simple question: how do games aimed at children between three and twelve represent disability, and what might those portrayals do to young players' developing minds? Rather than focusing on accessibility features or the technical inclusion of disabled players topics that dominate industry discourse she examines the *representational content* of children's narrative video games. She exposes a crucial blind spot in game studies and disability studies: the cultural meanings of disability that are encoded in the characters and stories that children encounter during their formative years.

The book's most valuable intellectual move is its integration of *cognitive schema theory* with disability studies. She persuasively argues that repeated tropes of

disability villainous, pitiable, or merely decorative are not innocuous. They become part of the “schemas” through which children unconsciously organize social categories. This is more than a theoretical flourish. It foregrounds the ethical stakes of representation by insisting that what children see is as important as what they can access. The argument resonates with work in media psychology on stereotype internalization (Bandura 2001) and with disability studies critiques of “inspiration porn” (Young 2014), even though she does not explicitly draw on these conversations. A more direct dialogue with this wider literature would have strengthened her claims and situated the book more firmly within existing debates.

Rather than treating games as static texts, she explores how narrative structures and game mechanics collaborate in shaping meaning. Her tripartite typology *cosmetic*, *incidental*, and *authentic* representation is a particularly useful critical tool. *Cosmetic* appearances of disability, such as a wheelchair-using character whose impairment has no narrative or mechanical impact, risk turning disability into a decorative signifier. *Authentic* portrayals, where disability meaningfully informs both story and gameplay, invite empathy and understanding. This framework is a lasting contribution that other scholars, educators, and designers can readily adopt. Yet the typology also raises questions that the book only partly addresses: Is *authenticity* a stable or culturally universal category? How might children’s interpretations of these categories differ from adult analyses? These questions invite empirical exploration that the book stops short of providing.

The sections on *neurodevelopmental disability* are among the most original. She highlights how neurodivergence often appears only in coded form characters marked by obsessive logic, social awkwardness, or *genius* quirks without explicit naming. She calls this *invisible othering*, a sharp diagnosis of representational erasure. This insight

aligns with critiques from the neurodiversity movement, yet the book could have deepened the analysis by considering how neurodiverse players themselves respond to such coding. The absence of children's voices whether through interviews, gameplay observation, or participatory research remains a methodological limitation. Without these perspectives, the argument risks reproducing the adult-centric gaze it critiques.

Another important intervention concerns *content rating systems* such as PEGI and ESRB. She exposes how these regimes police violence and sexuality while remaining silent on the quality of social representation. Her proposal for a *diversity portrayal* descriptor is compelling, highlighting the structural forces that render disability invisible. Here again, the book could have been stronger had it provided concrete case studies of how rating practices have shaped developers' decisions or parents' perceptions.

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If the book occasionally feels more schematic than textured, this may reflect its brevity and ambitious scope. She analyzes 41 narrative-based children's games, but the absence of an appendix listing these titles limits transparency and reproducibility. Moreover, the cultural frame is largely Western. Indian or Global South contexts where digital play is expanding rapidly and where disability carries different social meanings receive little attention. A comparative lens would have complicated the neatness of her schema and broadened the book's global relevance.

Despite these limitations, the book is a critical and forward-looking contribution. It bridges developmental psychology, media studies, and disability ethics with admirable clarity, offering both a vocabulary (cosmetic/incidental/authentic) and an ethical imperative: children's digital play spaces are never neutral. They transmit

values that can either reinforce or challenge ableism. For educators, game developers, and scholars concerned with media justice, Madej's book is less a comprehensive survey than a call to action. Its greatest achievement is to reframe children's video games not as harmless entertainment but as powerful sites where the next generation learns often unconsciously what it means to be different.

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